



Pre-register at
www.AAPMD.org

FREE HEALTH SCREENING EVENT

JOIN US for a Community Screening Event
on Adult/Child Sleep Breathing Disorders and the
Risk Factors of Poor Child Facial Development.



THURSDAY, JUNE 13 ■ 10:00am–5:00pm
Allen Temple Baptist Church • 8501 International Boulevard, Oakland, CA

Food and refreshments will be served.

ADDITIONAL BENEFITS:

- Learn about the risk factors poor facial development.
- Get information about sleep breathing disorders.
- Have all your questions answered by experts in their field.



According to the American College of Physicians anywhere from 4 to 9 percent of middle aged men experience obstructive sleep apnea, and 2 to 4 percent of middle aged women experience the condition. However, as many as 90 percent of people with obstructive sleep apnea have not been diagnosed.

According to a recent study in CHEST, the official journal of the American College of Chest Physicians, children who snored loudly were twice as likely to have learning problems. Following a night of poor sleep, children are more likely to be hyperactive and have difficulty paying attention. These are also signs of attention deficit/hyperactivity disorder (ADHD). Apnea may also be associated with delayed growth and cardiovascular problems.