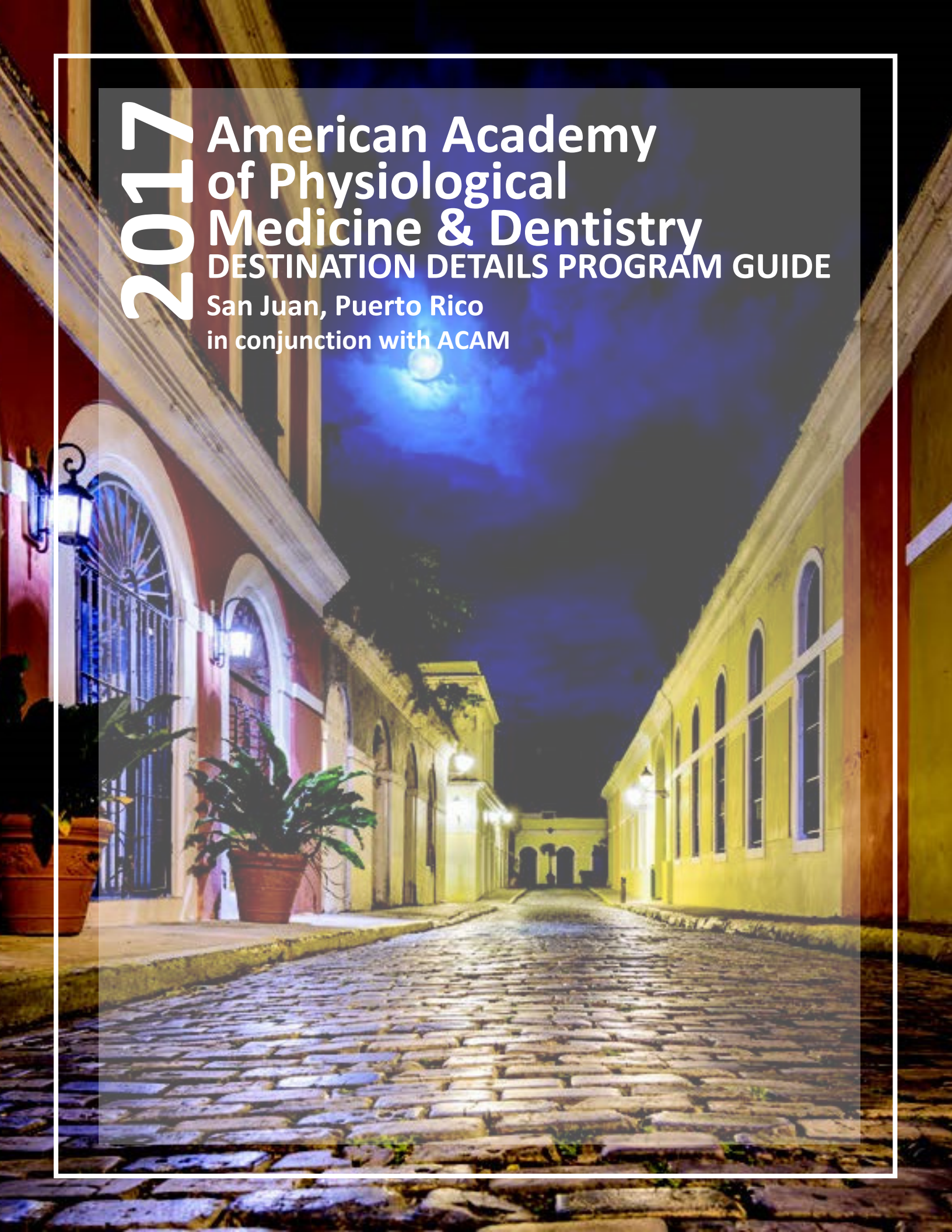


2017

American Academy  
of Physiological  
Medicine & Dentistry  
DESTINATION DETAILS PROGRAM GUIDE

San Juan, Puerto Rico  
in conjunction with ACAM



# FIND INSIDE

THE CONDADO PLAZA RESORT LODGING INFO .....	3
RESORT MAP AND CONFERENCE DETAILS .....	4
TRAVEL TIPS .....	5
FAMILY FUN AT THE RESORT .....	6
RESORT DINING OPTIONS .....	7



## AMERICAN ACADEMY OF PHYSIOLOGICAL MEDICINE AND DENTISTRY

2 Executive Blvd, Ste 206 | Suffern, NY 10901

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# THE CANDADO PLAZA RESORT

Hotel Room Rates: Starting at \$169/night + Tax

Guest Room



Need the perfect room for your whole family?

Take in views of the Puerto Rico and the ocean. Enjoy the comforts of Hilton with Caribbean charm.

Perched at the edge of Condado, tucked between Condado Lagoon and the Atlantic Ocean, The Condado Plaza Hilton offers a range of guest room and suite accommodations in San Juan, Puerto Rico, decked out with every comfort imaginable.

WiFi, flatscreens and in-room movies. Ergonomic chairs with workstations to match. Deluxe bath amenities and mini-fridges for snacks and ice-cold beverages.

Best of all, floor-to-ceiling windows and private balconies never let you forget exactly why you're here.

Check In: 4pm  
Check Out: 12pm

Deluxe Guest Room



Ocean View Room

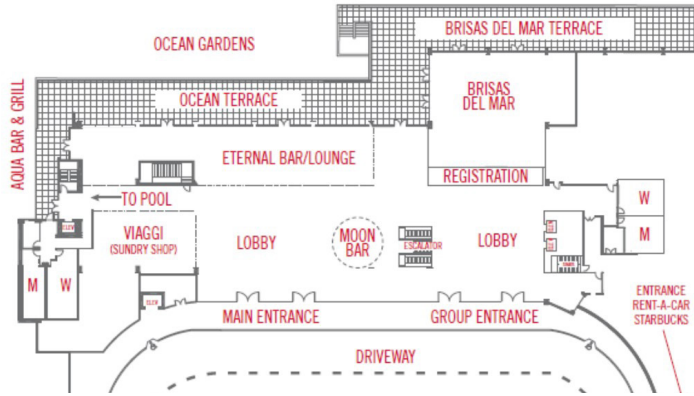


**HOTEL CANCELLATION POLICY:**All hotel reservations require a one night deposit to be collected approximately 45 days prior to the start of the conference. All cancellations requested prior to August 21, 2017 will receive a refund for the one night deposit. Cancellations after this date are nonrefundable. A Meeting by Design strongly recommends the purchase of Travel Guard International Travel Insurance.

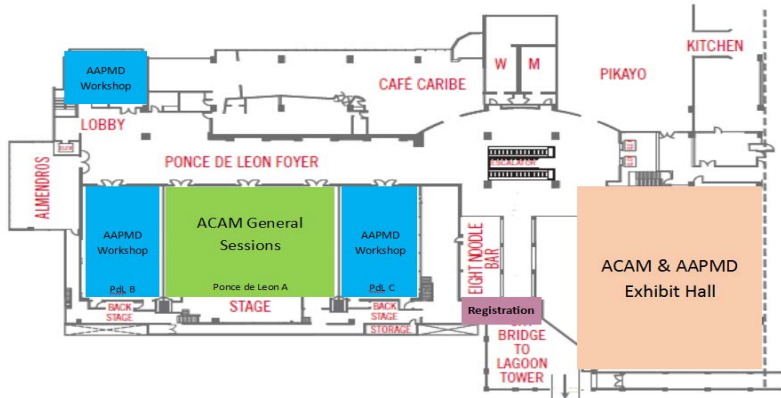
Room Description	Total (including tax and resort fees)
Deluxe 2 Queen	\$201.52

# PUTTING IT INTO PERSPECTIVE

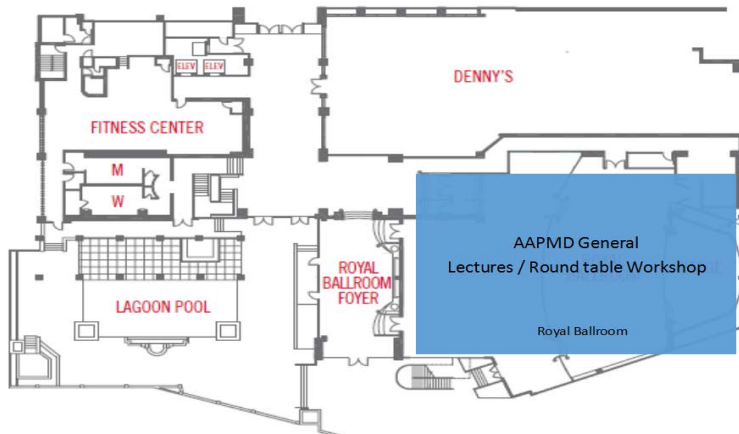
Ocean Tower Lobby Level



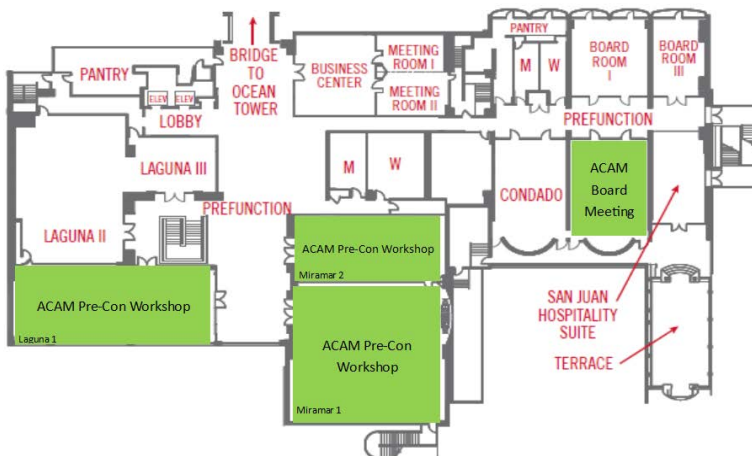
Ocean Tower Mezzanine Level



Lagoon Tower Lobby Level



Lagoon Tower Mezzanine Level



## Explore the Magnificent Ocean View Hotel

Whether you're visiting Puerto Rico to experience the beautiful beaches and glitzy lifestyle of Condado, wander the charming cobblestone avenues of historic Old San Juan or have your every need taken care of at a chic oceanfront retreat, The Condado Plaza Hilton stands alone as a one of the top places to stay in San Juan, Puerto Rico.

What makes us special? Our distinctive urban resort ambiance provides guests with the best of both worlds. If you're here to explore, our convenient setting at the edge of Condado provides effortless access to San Juan's diverse attractions and nightlife, some just steps away. If you're here to escape, you will find everything necessary for a care-free resort vacation without ever leaving the grounds.

As our guest you will enjoy a host of exclusives. No other Puerto Rico hotel offers uninterrupted views of the Atlantic Ocean and Condado Lagoon. The island's only saltwater pool offers clean, cool, chlorine-free soaks, and our Pikayo Restaurant is the lone hotel restaurant showcasing the cuisine of renowned Puerto Rican Chef Wilo Benet.

It's the unique blend of style, service and surroundings that will set your Puerto Rico vacation apart. And it's only at The Condado Plaza Hilton.

# TRAVELING ON A BUDGET



Book your car rental, find driving directions and more. Want your airline schedule delivered to your smart phone for check-in? No problem!



Contact Beth Kuebler at The Travel Station 800-522-8747 (Monday-Friday 8am-5pm MT) or email [beth@cooktravelstation.com](mailto:beth@cooktravelstation.com)

## Rental Cars

Public transportation is limited in Puerto Rico. To really experience all that San Juan offers, we recommend you rent a car. Reserve your rental vehicles in advance because quantities can be limited on the island. For the best deals, contact the preferred travel agents for AAPMD, The Travel Station at 800-522-8747.

## International Airports

- » Luis Munoz Marin International Airport (SJU) in Carolina/San Juan metro area (main airport)
- » Borinquen Airport (BQN) in Aguadilla (regional, Western side of the island)
- » Mercedita Airport (PSE) in Ponce (regional, Southern side of the island)
- » Vieques Airport (VQS) in Vieques (regional, on Vieques Island)



## Travel Made Easy

Puerto Rico is incredible! And how amazing is it that you and your family get to enjoy San Juan together!? Let's be honest though: it isn't cheap, so here are some tips to help you save some \$\$ once you land!

### STEP 1: Get a rental car

Reserving a rental car is priority #1! If you want to explore the island, you'll need one! Call The Travel Station for help securing a rental car at 800-522-8747.

### STEP 2: Grocery Stop

Before you make it all the way to the hotel from the airport, be sure to stock up on snacks and groceries (and even some plastic baggies for toting around those snacks in)!

You'll find Wall Mart and other Puerto Rican markets just outside before arriving at the Hotel. Be sure to buy plenty of bottled water here too if you forgot your water bottle.

### STEP 3: Know the area

If you want to get away from the hotel, area shopping and tourist attractions are only a walk away.

# FAMILY FUN AT THE RESORT

## Things to Do



Known as “The Island of Enchantment,” Puerto Rico is a place of breathtaking beauty and bounty. No matter what part of the Island you are on, you will find plenty of things to do during your stay to keep you busy – or better yet, help you unwind: Beautiful oceanfront hotels, mountainside haciendas, scenic golf courses, over 500-year old historic attractions, colorful cosmopolitan cities, and dozens of natural wonders including bioluminescent bays, cave systems, and the world-famous El Yunque Rainforest.

## Out & About

### San Juan Museum of Art & History

Museum displaying Puerto Rican art through the ages plus historic artifacts in old marketplace.

### San Juan Cathedral

The Catedral Metropolitana Basílica de San Juan Bautista or in English, Cathedral of San Juan Bautista, is the Roman Catholic cathedral of the Archdiocese of San Juan de Puerto Rico.

### Pau Casals Museum

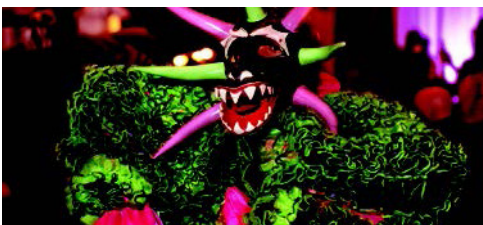
Villa Casals, the house which Pau Casals built in the seaside quarter of Sant Salvador is today the site of the Pau Casals Museum.

### Old San Juan

Located within walking distance from the Resort, Old San Juan is the oldest settlement within Puerto Rico and the historic colonial section of the city of San Juan. Shop, eat, explore.

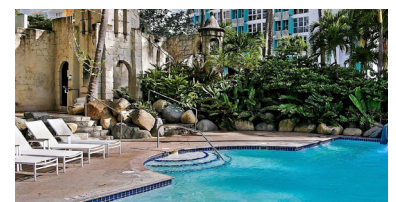
### El Yunque National Forest

El Yunque National Forest, formerly known as the Luquillo National Forest and the Caribbean National Forest, is a forest located in northeastern Puerto Rico. It is the only tropical rain forest in the United States National Forest System.



## Hotel Facilities

- »24-hour fitness center
- »Protected beach
- »Water sports complex for kayak and stand up paddleboarding
- »One saltwater pool, three freshwater pools, two spa tubs, water slide
- »Bicycle rentals
- »Poolside massage
- »Steam room
- »Sauna
- »One lighted tennis court
- »Children’s activity center
- »24-hour casino



# RESORT DINING OPTIONS

\$ \$10-\$20    \$\$ \$20-\$30    \$\$\$ Above \$30 per person

## \$ Aqua Bar & Grill

The casual outdoor Aqua Bar and Grill offers snacks, lunch fare, and refreshing drinks. Select from grilled specialties, salads and sandwiches. Cool off with a unique cocktail or refreshing specialty drink, such as the traditional Mojito, from the Aqua Bar. Located near the pool areas and beach.

Aqua Bar Grill is open Monday - Thursday from 11am - 6pm, Friday - Saturday 9am - 7pm and Sunday 9am - 6pm. Breakfast is served all day

## \$\$ Cafe Caribe

Family style service, classic pasta dishes, pizzas, and an extensive selection of gelatos and desserts make this casual restaurant an ideal choice for lunch or dinner. At the end of the meal, indulge in sweet and cooling gelato. This inviting restaurant offers dramatic views of the Atlantic Ocean.

## \$\$ Denny's

Denny's, full-service family restaurant serving classic American food and every day value for breakfast, lunch and dinner with the classic menu you know and love and is Always Open. Full Bar available from 11am to 1am.

## \$\$\$ Eight Noodle Bar

If you find yourself elbow deep in a bowl of noodles after your night out in Puerto Rico, we promise you won't be alone! Eight Noodle Bar offers innovative Asian cuisine in a casual setting. Have a seat at the sushi bar and watch the expert chef create your meal. Savor a traditional or modern Chinese or Japanese specialty. Located on the second floor, this restaurant is perfect for a late night snack or dinner. Select a freshly prepared meal to enjoy in your room.

Monday – Thursday: 12:00 noon to 11:00 pm

Friday: Noon to 2:00 am

Saturday: 4:00 pm to 2:00 am

Sunday: 4:00 pm to 12 midnight

## \$\$ Eternal Bar

Offering great views and a modern vibe.

## \$\$ Moon Bar

The bar opens every day at 12pm sharp.

## \$\$\$ Pikayo

Under the helm of acclaimed Puerto Rican Chef Wilo Benet, our flagship restaurant has been enticing diners for over two decades, not to mention critics from The New York Times, Conde Nast Traveler and Gourmet Magazine. A rich showcase of re-imagined Eastern European and African classics, a few cherished Puerto Rico favorites and a splash of fusion cuisine from around the globe, the menu is ambitious and inspired, yet every dish delivers.

Sunday- Thursday 6:30pm-10pm

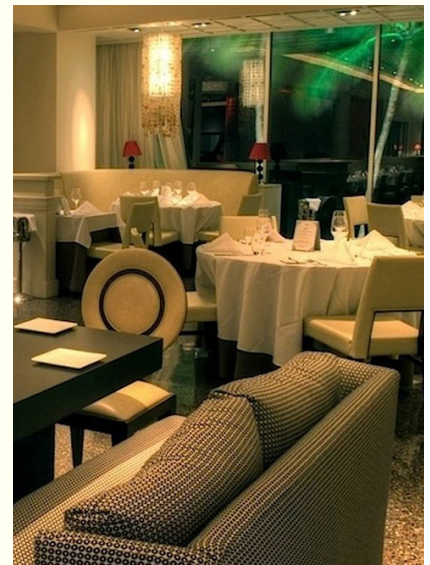
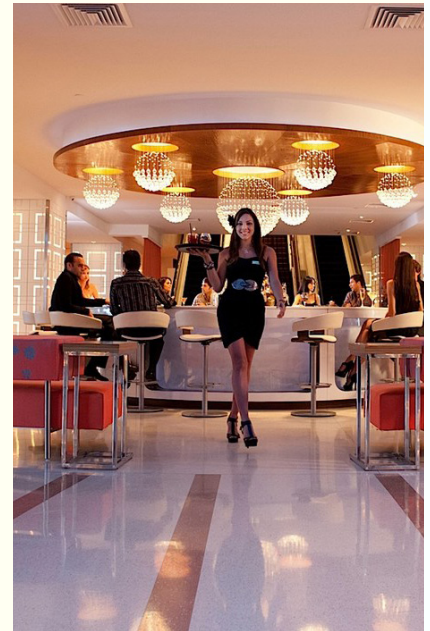
Friday & Saturday 6:30pm-10:30pm

## \$ Starbucks

Offering expertly brewed coffee and treats to satisfy your sweet tooth.

## \$ Viaggi Grab-'n-go

A wide variety of grab and go items for your convenience.



# AIRWAY SUMMIT 2017:

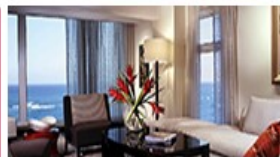
Restoring Airways, Restoring Health  
September 14 - 16, 2017



Find inspiration in every direction at The Condado Plaza Hilton. As the only hotel in San Juan with views of the Atlantic Ocean and Condado Lagoon, we invite you to discover this magical island from a truly unique vantage point.

In the heart of it all, yet worlds apart...

Upon arrival, the chic, stylish design greets you with a sense of casual elegance, and panoramic water views and ocean breezes embrace you in tranquility. It is a short, scenic stroll to the beaches and fashionable shopping and nightlife of Condado and five minutes to the colonial charms of Old San Juan, but don't be surprised to find yourself drawn in by the many pleasures of our urban resort. Award-winning fine dining at Pikayo, the flagship restaurant of acclaimed Puerto Rican Chef Wilo Benet. A tucked away beach and exhilarating water sports. Four oasis-style pools, including the only saltwater pool in Puerto Rico.



## AAPMD Conference Room Rates

Room Description	Room Type	Net Rate	Occupancy Tax (9%)	Total
1 King or 2 Queens	1-2 People	\$169.00	\$15.21	\$184.21
1 King or 2 Queens	3 People	\$194.00	\$17.46	\$211.46
1 King or 2 Queens	4 People	\$219.00	\$19.71	\$238.71

### HOTEL AMENITIES INCLUDE:

32" LCD TV with pay-per-movie options \* Walk-out balcony/patio \* Mini Fridge \* Wi-Fi access (charges may apply) \* Coffee Maker with Coffee Bean & Tea Leaf® coffee \* Hilton Alarm Clock Radio with MP3 Connection \* Hair Dryer \* Ironing Board/Iron  
Personal Safe \* Peter Roth Skin Care® Bath Products

Early checkouts will be charged a penalty of one night plus tax. To avoid this charge, inform the hotel prior to checking in of your check out date, or call A Meeting By Design at 888-995-3088 to change your check out date.

For booking assistance, please call AMBD at 1.888.995.3088 or email [info@ameetingbydesign.com](mailto:info@ameetingbydesign.com)