

Growing Into Breathing Problems

Saturday, May 6th from 9AM - 4PM

Drs. Harrell and McIntosh will present an in-depth look at breathing disorders, both Sleep Disorders of Breathing (SDB) during sleep and Continuous Disorders of Breathing (CDB) day and night. They will present this information through the eyes of an orthodontist and a pediatric ENT. Interdisciplinary collaboration is important in treating these patients. SDB includes Obstructive Sleep Apnea (OSA), Upper Airway Resistance Syndrome (UARS), Respiratory Effort Related Arousals (RERA) at nighttime, and other related sleep disorders. The genesis of SDB problems begin early in life and is a continuum until adulthood. Early screening, diagnosis and various therapies will be discussed. The further development into adulthood and the ensuing co-morbidities that develop because of decreased oxygenation over time, will be discussed. A panel discussion is planned at the end of the lectures for audience participation and questions.

Educational Objectives - Upon completion, the participant will have:

- Identify ENT causes of airway obstruction
- Understand dental causes and consequences of airway obstruction
- Perform screenings on pediatric and adult patients for sleep disordered breathing
- Understand treatment planning options for upper airway obstruction
- Review additional adjunct therapies such as myofunctional therapy and how it makes a big difference

Target Audience:

ENTs, Sleep Physicians, Dentists, Physician's Assistants, Nurse Practitioners, Hygienists, Speech Therapist, Osteopaths, and Myofunctional Therapists

Educational Methods:

In-person OR Zoom, PowerPoint Presentation

Presenters: William (Bill) Harrell, Jr, DMD

Dr. William (Bill) Harrell graduated from the University of Alabama School of Dentistry (1975) and completed his orthodontic residency at the University of Pennsylvania School of Dental Medicine (1977). He is in private orthodontic practice in Alexander City, Alabama and is a board-certified orthodontist. Dr. Harrell is also Certified in Dental Sleep Medicine. His practice focuses on airway centered orthodontic diagnosis and treatment, oral appliances for patients who are CPAP intolerant, and TMJ Disorders. He is a national and international lecturer on the topic of early orthodontic treatment and its relationship to airway issues in children.

David McIntosh, MBBS, FRACS, PhD

Dr. David McIntosh is an Australian ENT surgeon with subspecialty interests in adult sleep apnea, pediatric upper airway obstruction, and nasal and sinus disease. He is very interested in the interplay of ENT and dentistry, particularly with respect to airway obstruction and skeletal development.

Disclosure: Neither Dr. Harrell, Dr. McIntosh, nor the Continuing Education staff have any financial interests in products or services or conflicts of interest to disclose. There is no corporate support or grant monies supporting this lecture.

Tuition Per Person: Dentist / Physician / PA/ Nurse Practitioner \$300 Hygienist / Nurse \$99

Location: Hyatt Regency Wynfrey Hotel, Birmingham, AL OR Zoom Webinar

CDE Hours: 6 CE Lecture Hours

CME Hours: The University of Alabama Heersink School of Medicine designates this Live Activity for a maximum of 6 AMA PRA Category 1 Credits™.

Refunds will be given if cancellation is requested at least 7 days before the program. For cancellations made less than 7 days prior, payment may be applied to a future course. No shows forfeit full tuition.

To register online, go to <https://go.uab.edu/dentalce> or scan the QR code

You will receive acknowledgment of your enrollment by email.

Please direct all questions to Rachel Steadham, Continuing Dental Education office at 205.934.3753.



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